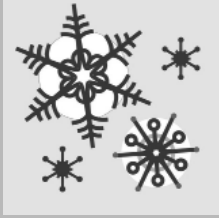


Winter 2010



KSHA Communicator

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2011 KSHA Convention Update



Dear Fellow KSHA Members,

The weather outside might be frightful, but hopefully you are planning to navigate through the cold wintery weather and join us at your 2011 KSHA Convention in Northern Kentucky! Last time you heard from us, it was hot temperatures and pool side for you all. Fortunately, we are getting closer and closer to February and the planning committee is very excited for the convention to begin. We have been working very hard to bring an outstanding group of presenters to the Northern Kentucky Convention Center and you too will be excited about what is to come.

Our keynote speaker is a talented story teller and comedian, Kelly Swanson, who wrote the book *Who Hijacked My Fair Tale?* Not only will she be here to start your convention off in a fantastically fun way, in addition we have secured Kelly to do a break out session on connecting with your clients, students, patients, etc. through the art of story-telling. Kelly will also be presenting a closing session Friday afternoon where she will wrap up our great convention with another fun filled session to make you laugh hysterically.

Just a taste of what is to come at Convention includes: Dr. Ruth Stoeckel, Dr. Melanie Schuele, Timothy Kowalski (MA), Dr. Sandra Tattershall, Nancy Swigert (MA), Kelli Richmond, Nancy Telian (MA), Dr. Jennifer Brown and Dr. Donna Murray. Their pediatric topics range from the treatment of children with feeding and swallowing disorders, literacy development, adolescents, RTI and the assessment and diagnosis of autism disorders. The adult track is well on its way with such speakers as Carmin Bartow (MS), who is associated with Passy-Muir, Dr. Nandhu Radhakrishnan, Gail Johnson (MS), Dana Tingley (MS) and again Nancy Swigert (MA). For our Audiology professionals we have Dr. Gail Whitelaw and Mary Velvet Buehler (MA). You will not want to miss our luncheon speakers who have a remarkable story to tell. Mother and daughter will share with you their experiences of being a provider and then the recipient of therapy. And, that's not all! We are currently scheduling other speakers to guide you to become a more motivated and informed professional.

All and all, the planning for the 2011 KSHA Convention in Northern KY continues to promise a great time and a great amount of information to motivate you and keep you well informed of the changes we encounter as professionals. We can't wait to see you there! So, mark your calendars and make your reservations because a dynamic excursion will be waiting for you as we *Navigate Through the Channels of Communication* together in February, 2011!

Christie Studer and Tina Brock
Co-Directors of the 2011 KSHA Convention



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2010-2011**

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Message From the President



As we look forward to our annual convention, February 9-12 in Northern Kentucky, I would like to take a moment to recognize the efforts of all those members behind the scenes who have already spent countless hours preparing to make this convention our best yet. From researching and arranging speakers and exhibitors, to planning events and activities, our members have invested a great deal of time and effort with much more to come as we get closer to the convention date. Please make plans to attend and experience all that KSHA has to offer.

What has impressed me the most during my involvement with KSHA is the dedication of those who take the time to volunteer so that we all have the opportunity to experience quality professional development and take part in activities that help promote our profession. Not just our convention, but our entire organization runs largely on the support of members who volunteered to become involved. As you register for the convention please consider volunteering. When you fill out your registration please indicate that you would like to volunteer and by doing so, you will hopefully be able to experience more of the benefits that our organization provides. From networking, to leadership opportunities, to professional advocacy, to legislative efforts, we depend on our members to help shape KSHA. As we come together for convention please take advantage of events such as our annual business meeting and membership forum to become more involved. If you are interested in taking a more active role in the future of KSHA please feel to contact me or any member of the executive council to learn more. We look forward to hearing from you.

Douglas Keefe MS, CCC-SLP
KSHA President

Scholarship Updates

Are You a Previous Scholarship Winner?

We want to hear from you. Drop us a line at kshaoffice@ksha.info and tell us how you used your scholarship award. Share with us your experience of applying, being notified and going to Convention to receive your award. We also want to know how you would make the experience more enriching.



Read about Rachel Fielder's experience on page five.

Interested in Serving on the 2010-2011 Scholarship Committee?

Wanted ...

KSHA members willing to spend time picking the winners of the Steckol and Stanley Scholarships.

Requirements:

- KSHA member for at least five years
- Quick access to e-mail and fax
- Able to commit a minimum, on average, of two to three hours weekly during late November and the first of December
- Commitment to attend the Awards luncheon held during the KSHA Convention

Donna Goodlett-Collins
Scholarship Committee

Aphasia Rehabilitation: A Social Approach

In the last 20 years, the World Health Organization (WHO; 2001) has increased public awareness of aphasia and acknowledged the long-term consequences of this disorder on the performance of and participation in activities of daily living. This has prompted aphasia researchers and clinicians (Elman, 2005; Fratalli, 1996; Holland & Ross, 1999; Kagan & Gailey, 1993; Lyon, 1992; Simmons-Mackie, 2008; Worrall & Fratalli, 2000) to consider the use of "social approaches" for the treatment of persons with aphasia and related disorders. Social approaches consider the fact that disorders such as aphasia have effects beyond the acute disruption of communication that isolate, stigmatize, and reduce individual autonomy (Garcia, 2008; LeDorze & Brassard, 1995; Sarno, 1997). Interventions imbedded in a social approach have as their goal promoting membership in a communicating society, increasing participation in personally relevant activities, and attainment of "functionally relevant" individualized outcomes (Fratalli, 1996; Johnson, 1999; Kagan, Simmons-Mackie, Hicks et al 2008). They differ from the restorative interventions of "the medical model" taught to most graduate students. Interventions based on a medical model focus on the impairment, changing language performance, put the clinician in a position of power, and relegate the patient to being the "receiver of treatment" (Simmons-Mackie, 2008). Conversely, interventions based on a social approach are client-centered, promote active decision-making by client and the family, view aphasia as a life-long disorder, and shift the emphasis of treatment to living with aphasia as best possible (LPAA, 2000). The purpose of this article is to provide the membership of KSHA with information on a social approach to aphasia rehabilitation provided by the University of Kentucky Aphasia Program (UKAP).

What is the UKAP?

The UKAP is a treatment program for helping persons with aphasia and related disorders live successfully with a communication disorder. Its goals are to (1) to reduce the social isolation associated with a reduced ability to communicate, (2) facilitate communication between the client and members of his or her social network, (3) keep clients, family members, and professionals abreast of the cotemporary research and developments in aphasia therapy, and (4) conduct state-of-the-art clinically-based research in the assessment and treatment of persons with aphasia. The UKAP is part of the University of Kentucky Communication Disorders Clinic and the Division of Communication Sciences and Disorders (CSD) within the University's College of Health Sciences (CHS).

Therapy at the UKAP

At the UKAP, persons with aphasia and related disorders are seen for speech and language therapy one hour per week individually and/or in small groups. Therapy is provided by pairs of CSD graduate students under supervision as mandated by the American Speech-Language-Hearing Association (ASHA). Students selected for the UKAP create their own pairings based on compatible traits and interests. Once pairs are formed, the students are provided information about each UKAP client. Specifically, this information relates to client interests and background and the estimated level of difficulty anticipated in planning and implementing a client's therapy session. The students caucus to find the "best fit" between the pair and the client and to equalize the workload. For each client, one member of the pair is designated as "lead clinician" and the other as "secondary clinician," but the students participate equally in the planning, conduct, and documentation of the treatment session. Recently, the graduate program in CSD has been reconfigured so that all students providing therapy in the UKAP will have had a graduate level course in aphasia before starting in the program.

UKAP Clients

Clients attending the UKAP typically have aphasia resulting from a stroke and range in time post onset from several months to a few years. Some have co-occurring motor speech disorders such as apraxia of speech and/or dysarthria. To attend the UKAP, a client needs to be medically stable, able to care for themselves, and attend scheduled treatment sessions. Individuals in need of any type of assistance (e.g., ambulation, transportation, toileting) must be accompanied by a caregiver. Only clients with aphasia, apraxia of speech, and non-progressive dysarthria are seen for services at the UKAP at this time. Logistics and availability of supervisors require that the number of clients attending the program in a given semester be restricted to approximately 20.

continued on page 4

Make Your Hotel Reservations Now for the 2011 Convention!

Northern Kentucky Reservation Service will assist you with booking your hotel room. Choose one of the following options to complete your hotel reservations.

- Visit the KSHA Website www.ksha.info and click on "For additional information and to make hotel arrangements" and follow the steps to complete your hotel online reservations.
- Or, complete and fax the housing form located on the KSHA website, www.ksha.info to 859-655-4169.

Special room rates are available until January 17, 2011 at the following hotels. Please indicate your hotel choice when placing your request with the Reservation Service:



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the Convention Center.*

**Please do not call
the hotel directly.**

Therapy Based on a Social Approach

For the most part, therapy carried out at the UKAP is contextually-based, conversation-oriented, seeks to solve problems or eliminate barriers that limit the client's communication of thoughts, feelings, and needs. Since the focus of therapy within the UKAP is predominantly social rather than restorative, graduate clinicians are discouraged from using drill, repetition, and working on meta-linguistic tasks. Rather they are encouraged to find ways to promote communication success in naturalistic settings inside and outside of therapy. There are, however, instances where a restorative treatment might be used, particularly if it has a functional consequence or meets a client's needs. For example, we recently used a very structured approach, PROMPT therapy (Bose & Square, 2001) to teach a client with severe apraxia of speech to produce a small corpus of words and phrases necessary to speed up his day-to-day communication. As pointed out by Simmons-Mackie (2008) social approaches to aphasia treatment are not restricted to clients with severe aphasia. What does appear to differ when these approaches are used with clients along the severity continuum is the amount of support needed by the client. This is reflected in the following examples reflective of how a social approach was employed with three UKAP clients with mild, moderate, and severe aphasia.

M.E., a woman with mild conduction aphasia had difficulty following Sunday church services because of a poor working memory. This was particularly troublesome when her Pastor announced a scripture reading, e.g., "Let's look at Luke; chapter 5, verse 23" Her inability to process this information quickly caused her to get lost and prevented her participation in the group Bible study. Therapy for M. E. thus examined strategies to improve retaining information related to Scripture readings and focused on finding solutions to solve this problem with her Pastor.

Client T. R. exhibited moderately-severe Broca's aphasia and mild apraxia of speech. T. R. enjoyed going out to eat with his wife at ethnic restaurants, but since his stroke, had been troubled by not being able to order from the menu independently. He was self-conscious and embarrassed because it took too much time to give his order and uncomfortable when his wife ordered for him. This problem was addressed by having one member of the student pair pretend to be he wife, the other the waitress, and asking T. R. to bring menus from different establishments to role play ordering food. In addition strategies were explored with T. R. and his wife on how to handle "impatient waitresses" and to ask for more time.

J. B. was a man with global aphasia. In a conversational context, his comprehension was relatively good. His expressive abilities, however, were restricted to a few spoken and written words (often distorted or misspelled) supplemented by pointing, drawing, and facial expressions. He was a well educated, highly literate individual with a number of interests ranging from sports to politics. J. B. was relatively proficient at accessing information on the internet. Treatment for J. B. was conversationally based and focused on topics he had identified on the internet. In therapy, he was encouraged to produce novel words in conversations related to his interests. For example, he identified some of his former college professors and his therapists were able to engage him in conversations about what he had learned from those professors. Therapy session goals were able to be documented using a technique called "utterances with new information" developed by Del Toro and colleagues (2008).

Documentation and Discharge

Impairment-based, functional, and quality of life measures are used to document clients' progress in the UKAP. Most clients are assessed at the start of the academic year by graduate students in the aphasia course. Treatment at the UKAP is not, however, contingent on improvement in test scores, but more on social validation as provided by reports from clients and their families. For example, M. E.'s Pastor agreed to send her information about what Scripture readings will be read before Sunday services; T. R.'s wife reported that he now orders his own food when they go out to eat. J. B.'s mother reported that he heard a voice mail message that his father's car was ready to be picked up at the garage. At the time, J. B.'s father was outside. J. B. went to the back door and uttered "Car-car-car." This led to a conversation between J. B. and his father about what needed to be done.

Clients are discharged from individual treatment at the UKAP if they are not attending scheduled sessions regularly or if they reach a point where they are not benefitting from the individual sessions.

Summary

The clients attending the UKAP are considered a resource for the CSD program. What they can teach students about living with aphasia and life, in many respects, outweighs the treatment they receive, and the clinical clock hours the students obtain.

For more information contact:

Robert C. Marshall, PhD, CCC-SLP, F-ASHA, BC-ANCDs

Professor, Division of Communication Sciences and Disorders, University of Kentucky

rmarsh@uky.edu

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A Blessing and Honor



I first received the Beverly Stanley Award for the 2008-2009 academic year. At the time, I was an undergraduate student studying communication disorders at Murray State University. The scholarship was a tremendous blessing to me during my undergraduate career. By relieving some of the financial burden associated with tuition, I was able to focus more on my education and extracurricular activities.

The fall semester of 2009 was my first semester as a graduate student studying speech-language pathology at Murray State. I remembered how much of a benefit the Beverly Stanley Award had been as an undergraduate, and I was interested in applying for another KSHA scholarship. The process of applying for the scholarship went smoothly. I wrote an essay discussing my professional goals. I also asked two professors to write letters of recommendation. After completing a short application and including my transcript, I sent all the materials to the KSHA scholarship office.

The following January, I received a beautiful card from KSHA with a handwritten note. I felt special to receive such a nice and personal card, regardless of what was written inside. The card informed me that I was chosen as the recipient of the 2010-2011 Beverly Stanley Award. I was extremely honored. As I continued to read the card, I noticed an invitation to the KSHA Awards Luncheon at the KSHA Convention in Lexington, Kentucky. Although I had attended a KSHA Convention prior, I had not attended the Awards Luncheon. I was thrilled to receive a personal invitation to attend.

I look forward to KSHA Conventions. While most of the attendees are professionals already working in the field, I believe the conventions are wonderful experiences for students as well. As newcomers to the profession, I think students are not fully aware of all the possible career paths and specific interest areas within speech pathology and audiology. The KSHA Convention provides students with opportunities to explore these careers more closely. Those attending are given a list of sessions and posters at the convention. They can choose which topics interest them the most. These sessions are unique experiences because they are full of current information taught by experts on the specific topics. They usually provide more in-depth information than the classroom offers. Participants receive valuable opportunities to talk with professionals interested in the same topics.

Attending KSHA Conventions is a motivating experience. I think, as students, we often feel like we will be in school forever. We are told we will graduate someday, but we are not completely sure we believe it. Attending a convention with professionals in our field makes my goal of being a speech-language pathologist seem closer and more real. It is always a very exciting and encouraging time.

The KSHA Awards Luncheon was unique to any other experiences I have had at KSHA Conventions. I was able to learn more about the members, Board and events that comprise KSHA. It helped me feel more connected and involved with the organization. I sat at a table with about 10 speech-language pathologists. Reminiscing about their graduate school experiences, they discussed the different career paths they had taken. It was refreshing to talk with speech pathologists in an environment different from the workplace and classroom. I especially appreciated the valuable advice they provided as professionals who had been in my shoes and who were working in my chosen field. The luncheon was an inspiring event that made me more excited about becoming a speech-language pathologist. I will certainly never forget my first experience at the KSHA Awards Luncheon.

I am incredibly grateful to have received the Beverly Stanley Award both as an undergraduate and graduate student. The financial assistance has been a wonderful blessing to me. However, my personal invitation to the KSHA Awards Luncheon was also an amazing honor. My experiences at the KSHA Convention and Awards Luncheon were unique to any I have had thus far. I hope to have many more memorable experiences at KSHA, but I know I will never forget KSHA 2010.

Rachel Fielder

Get Involved! Have a Voice!

You can now register online at www.ksha.info to let us know what areas of interest you would like to have a voice in.

Please click on "Get Involved In KSHA" and select one or more of the following options to let us know who to call when KSHA needs help.

- Continuing Education
- Convention
- Fall Workshop
- Public Schools
- Newsletter
- Scholarships
- Kentucky Governmental Affairs
- Membership/Promotions

Please see page seven to see how you can get involved and be a volunteer at the 2011 KSHA Convention!

**GET
INVOLVED**



2011 Awards Reminder!

Call for Nominations Due December 15, 2010

Honors of the Kentucky-Speech-Language Hearing Association

The KSHA Honors Committee invites nominations for KSHA Honors of the Association to be awarded at the 2011 Convention in Covington in February. For Honors, the individual must be a *member of KSHA* and have demonstrated “distinguished educational, profession and/or administrative activity or outstanding service to KSHA.” The Honors Committee will recommend potential recipients to the KSHA Executive Council which must approve recipients by 2/3 affirmative vote. Please take time to nominate someone you feel should be considered for this award. This award is announced at the Annual Luncheon during the KSHA Convention and is typically presented by the individual who submitted the nomination.

Requested Information

- Brief biographical introduction summarizing education and career activities
- Rationale for why this individual is being nominated

The KSHA-ASHF 2011 Clinical Achievement Award

The KSHA-ASHF Clinical Achievement Award for 2011 will be presented to a speech-language pathologist or audiologist in Kentucky for demonstrated contributions to the advancement of knowledge in clinical practice as evidenced by significant recent accomplishment within the past six years in either area. This award is co-sponsored by the Kentucky Speech-Language-Hearing Association (KSHA) and the American Speech-Language-Hearing Foundation (ASHF). The selection from among our state nominees will be made by 2/3 vote of the KSHA Executive Council. The individual selected by KSHA will receive a certificate from ASHF in addition to being named the 2011 Kentucky Clinical Achievement Award Winner. The 2011 recipient will be Kentucky's nominee for the ASHF's National DiCarlo Award for Outstanding Recent Clinical Achievement. The national winner of the DiCarlo Award will receive a recognition plaque and a grant of \$2,000 to further the project(s) upon which the award is based and will be recognized at the 2011 ASHA National Convention. This award is announced at the Annual Luncheon during the KSHA Convention and is typically presented by the individual who submitted the nomination.

Criteria for Award

Our state recipient and the national DiCarlo honoree will be chosen for advancement of knowledge in clinical practice as evidenced by significant accomplishments within the past six years in the advancement of clinical service in speech-language pathology and/or audiology. Nominees are not limited to any particular type of clinical achievement or activity. Some eligible activities or accomplishments include:

- Achievement with a single client or group of clients
- Achievement in a state or local organization or government agency activity
- Clinical service programming
- Clinical testing, research or administration
- Program development

Procedures for Nomination

The Honors Committee and ASHF Board of Directors are totally dependent on the information provided in the nomination document. Thus it is important that the information submitted be as complete and accurate as possible. Nominations will be reviewed solely on the information submitted.

- The nomination should not exceed 10, single-spaced typed pages including any letters of support
- Description of the significance of the recent achievement
- Include nominee's name, professional title, place of employment, address and daytime telephone number
- Explanation of how the nominee's actions have advanced knowledge in the area of clinical practice
- Description of the outstanding clinical achievement (include information of when and where the specific achievement(s) took place)
- Explanation of the nominee's role in the achievement

Certificates of Appreciation from the Kentucky-Speech-Language Hearing Association

The KSHA Honors Committee invites nominations for KSHA Certificates of Appreciation to be awarded at the 2011 Convention in Covington in February. For Certificates of Appreciation, these individuals are not KSHA members or SLPs or audiologists, but typically *members of the community* who are particularly supportive of individuals with communication disorders or of the professions.

The Honors Committee will recommend potential recipients to the KSHA Executive Council which must approve recipients by 2/3 affirmative vote. Please take time to nominate anyone you feel should be considered for this award. We invite the recipients to the luncheon at the convention to receive their award and the person who submitted the nomination will typically present it. There can be more than one award.

Requested Information

- Brief biographical introduction summarizing education and career activities
- Rationale for why this individual is being nominated

**Please email all nominations to Norma Hogan at nnhogan@aol.com
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To sign up for one of these opportunities, please visit the KSHA website at www.ksha.info and complete the online application.

- I will serve as a volunteer in any position needed
- **Registration Volunteer:** Helping with the registration process.
- **Moderator:** Introducing the speaker and securing assistance for any problems.
- **Administrative Volunteer:** Put together attendee packets or attendee bags.
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Mark Your Calendars

Call for Nominations for 2011 Awards

Deadline: December 15, 2010

Renew Your Membership December 2010

Convention Early Registration Deadline: January 5, 2011

Hotel Special Rate Deadline: January 17, 2011

Spring KSHA Communicator Deadline: February 1, 2011

2011 Convention February 9-12, 2011 Northern Kentucky Convention Center Covington, Kentucky

Submissions

Submissions of articles, manuscripts, reports and letters to the editor are encouraged. The *KSHA Communicator* also welcomes suggestions of editorial coverage. The editorial staff reserves the right to edit submissions for length and clarity.

The statements and opinions contained in the articles of the *KSHA Communicator* are solely those of the individual authors and contributors and not of the Kentucky Speech-Language-Hearing Association. The appearance of advertisements in the newsletter is not a warranty, endorsement or approval of the products or of their safety. KSHA disclaims responsibility for any injury to persons or property resulting from any ideas or products referred to in the articles or advertisements.

Please send all correspondence and editorial submissions to: KSHA Office, 838 East High Street, Suite 263, Lexington, KY 40502, 800-837-2446 (office), 888-729-3489 (FAX), publications@ksha.info

Advertising

The *KSHA Communicator* solicits and welcomes advertisements. Acceptance of advertising does not imply product endorsement by the KSHA Executive Council. Rates are available upon request from the KSHA Office.

SUBMISSION DEADLINES

Next Issue	Deadline	Pub. Date
Spring	February 1	March 31
Summer	May 1	June 30
Fall	July 1	August 31
Winter	October 1	November 30

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